

## TRANSLATION

# Blessing the third cup

Contributed by [Heather](#)

Source: Unknown

Pick up the third cup of wine and give the Grace After the Meal

Group:

Blessed be He of Whose gifts we have eaten, and through Whose goodness we live.

Blessed art Thou, O Eternal, our God! King of the Universe, who feedest the whole world with Thy goodness, with grace, with loving-kindness and tender mercy: He giveth food to all flesh, food hath not yet failed us, nor will fail us for evermore; for it is because of His own great name that He feedeth all and doeth good unto all, and provideth food for all His creatures which He hath created. Blessed art Thou, O Eternal, who feedest all.

Blessed be He of whose bounty we have eaten.

Leader:

We thank You, Lord our God, for having given as a heritage to our fathers a precious, good and spacious land; for having brought us out, Lord our God, for the land of Egypt and redeemed us from the house of slaves; for you covenant which you have sealed in our flesh; for Your torah which You have taught us; for Your statutes which You have made known to us;

Group:

For the life, grace and kindness which you have graciously bestowed upon us; and for the food we eat with which You constantly feed and sustain us every day, at all times and at every hour.

Group:

O Merciful One, bless us who are participating in this meal.

Leader:

May He bless us all together with a perfect blessing, and let us say, Amen.

Group:

Blessed are You, Lord, our God, king of the universe, who creates the fruit of the vine.

(Drink the third cup of wine)