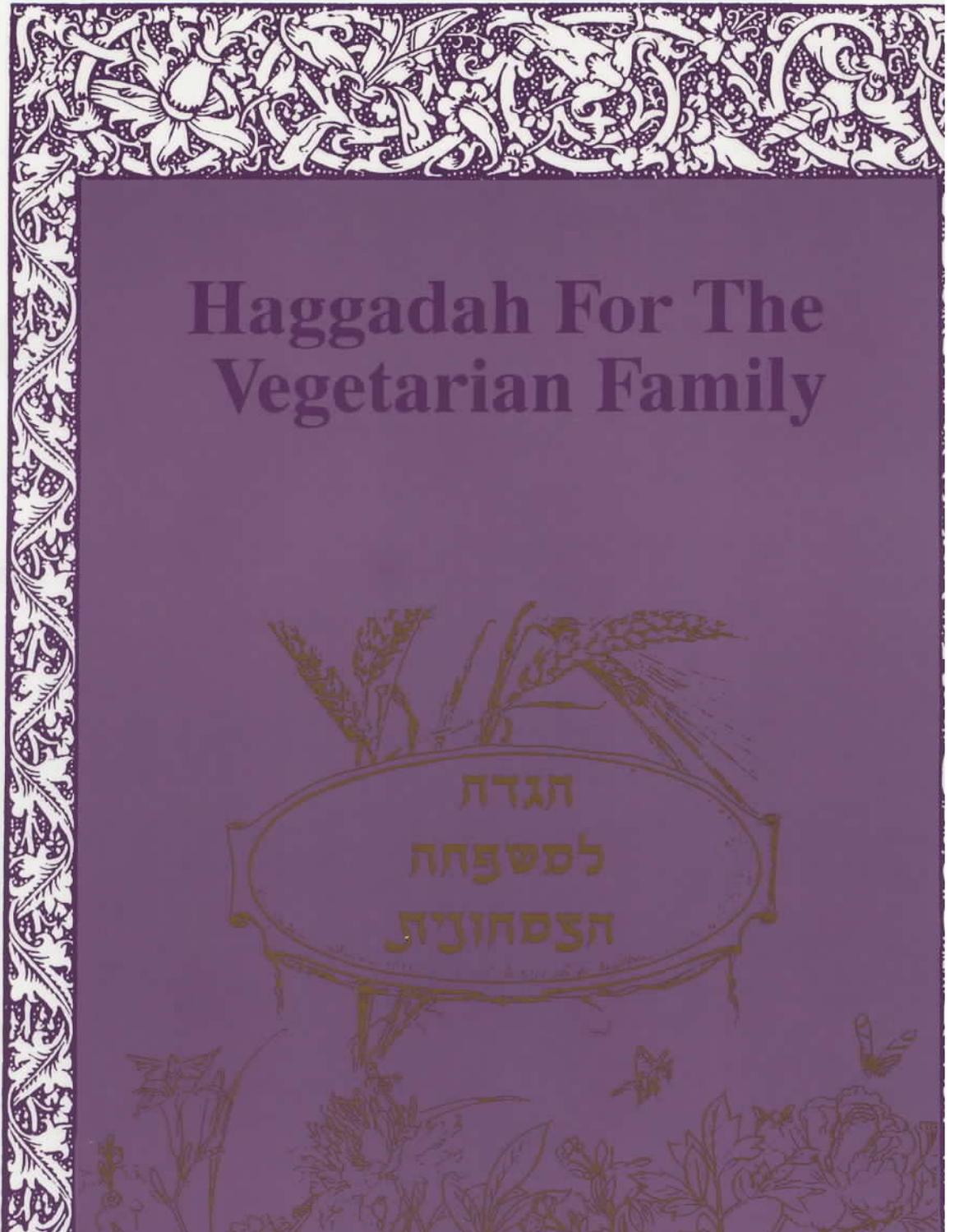


## Haggadah for the Vegetarian Family

Contributed by [roberta kalechofsky](#)

Source: Micah Publications





Bilingual, illustrated, 60 pages

Similar in spirit to Haggadah for the Liberated Lamb, Haggadah for the Vegetarian Family is shorter and the text and illustrations are more child-friendly. Much of the text and order are traditional, but slavery, as a condition of both humans and animals, is stressed:

The story of how Jocheved put Moses in a basket on the Nile is told in the context of the universal spirit of maternal empathy:

"Throughout the ages parents have resorted to all sorts of tricks to rescue their children: they have put them on trains and on boats and into the hands of strangers so that their children could be taken out of an evil country into safety. Animals too will do anything they can to defend their young, even at the cost of their own lives. Wolves will risk gunfire from hunters to rescue their orphaned young."

The seder should be "a teachable moment." Thus this haggadah expands the idea of slavery to animal life and to the problem of slavery in the modern world: "There are more slaves in the world today than when the Anti-slavery Society was established in 1832. There is slavery in Africa, Brazil, the Dominican Republic, Pakistan, Lebanon....This slavery consists of selling women and children into forced marriages, harems, and prostitution. There is also child labor, chattel labor, debt slavery, and bond slavery."

We extol the part played by women in the liberation of slaves, like Harriet Tubman, in the 19th century, who was called "Moses" by her people.

We praise the Creator for the liberation of all people and the liberation of nature:

Ha Shem has prepared a feast for us on this night

Manna and matzoh, honey, seeds and herbs

Hei Haolamim feeds us from the earth

All creation praises the Creator of the Universe

the cows of the field gather together and sing

the cattle in Ninevah sing

Sing, oh sing, acacia, tower in all your splendor, you who are decked in golden embroidery praised in the inmost sanctuary.

Hei Haolamim set the stars in the skies

Hei Haolamim set Israel upon her land,

Set the creatures upon the earth, marked off the waters from the hills,

shaped each creature with its genius, each lamb to know its mother

each calf to know its field

each hen to guard her nest

each bird to feed its young

and Israel to know Your Presence.