

In Search of Freedom: A Passover Seder for Darfur- Parsley and Saltwater

Contributed by [AJWS American Jewish World Service](http://ajws.org)

Source: In Search of Freedom: A Passover Seder of Darfur © Rabbi Or N. Rose & Tamar Grimm, ajws.org

Long before the struggle upward begins,

There is a tremor in the seed.

Self-protection cracks,

Roots reach down and grab hold.

The seed swells, and tender shoots push up toward light.

This is karpas (the green vegetable): Spring awakening growth.

A force so tough it can break stone.

And why do we dip karpas into saltwater—to remember the sweat and tears of our
ancestors in bondage.

-The Journey Continues: The Ma'yan Haggadah

We pray that the people of Darfur will soon enjoy a new season of growth and prosperity, guided by the
healing lights of justice and equality.

We dip the parsley in the saltwater, recite a blessing, and eat the greens.

Blessed are You Eternal One, Sovereign of the World, Who creates the fruit of the earth.

Baruch Atah Adonai, Eloheinu Melech Ha-olam, Borei p'ri ha-adamah