

# מרור | Maror

Contributed by [Mikaela Mathern](#)

Source:

*(Leader breaks the bottom matzoh, adds the maror and charoses, and distributes to all)*

*Leader: We all have reason to feel a little bitter these days. During Passover, we eat bitter herbs like horseradish to remind ourselves of the hardships of slavery. But we do not allow the bitterness to consume us entirely. After that sting, we mix a little sweetness from the charoset into the maror. We pause and bless the moment of confronting our difficulties, grateful that they too shall pass. We recite together:*

**ASSEMBLED:**

**בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל אֲכִילַת מַרּוֹר**

*Baruch Atah Adonai, Eloheinu Melech ha-olam, asher kid'shanu b'mitzvotav v'tzivanu al achilat maror.*

We praise God, Ruler of Everything, who made us holy through obligations, commanding us to eat bitter herbs.

*(Maror and Charoset are eaten)*