

# Matzah Paradox

Contributed by [Ariel Kates](#)

**Source:** Ariel Kates

The Matza is our bread of paradox: It's a poverty staple and our first taste of freedom, our worst memories and wildest hopes—all in one bite. As we raise this Matza, let's consider: Where do we feel the paradox of constriction and liberation in our realities right now? How are we making due with what we can manage, even if it isn't perfect? And, what does it mean to have a ritual which elevates that?