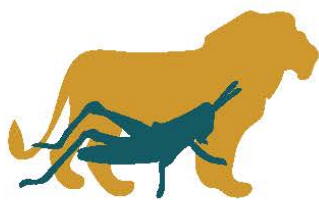


The 10 Plagues

Contributed by [American Jewish World Service](#)

Source:



THE 10 PLAGUES

Suffering and affliction

As we read the 10 plagues, we spill drops of wine from our cups, mourning the suffering the Egyptians endured so that we could be free. This year, as these drops spread across our plates, let us turn our hearts toward the millions of people around the world suffering today's plagues of hatred, prejudice, baseless violence and war.

דָּם
Dam—Blood

We comfort and mourn those whose blood has been spilled.

צְפַרְדֵּי
Tzfardeiya—Frogs

We protest the proliferation of violence.

כִּנִּים
Kinim—Lice

We stop infestations of hatred and fear.

עֲרוֹב
Arov—Wild Animals

We appeal to all people to act with humanity.

דָּבָר
Dever—Pestilence

We overcome the sickness of racism and bigotry.

שָׁחִין
Shechin—Boils

We tend to those who suffer from disease.

בָּרָד
Barad—Hail

We respond to storms and disasters that claim lives.

אַרְבֵּה
Arbeh—Locusts

We fill the air with voices for change.

חֹשֶׁךְ
Choshech—Darkness

We bring light to those who live in the shadows.

מַכַּת בְּכוֹרוֹת
Makat B'chorot—
Death of the Firstborn

*We inspire the next generation to carry on the struggle
for a better world.*