

## BARECH – INVITATION TO GRATITUDE

Contributed by [MAZON](#):

Source: MAZON: A Jewish Response to Hunger

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**LEADER** *After we've eaten, we share our gratitude for the nutritious food we found on our plates and the bountiful land from which it came. We bless You, Adonai, for the land and for the food it yields. It is our responsibility to make sure that every person gets the nutrition they need to thrive.*

בָּרַךְ אֱתָהּ יְיָ הַזֵּן אֶת הַכֹּל.

*Baruch ata Adonai hazan et hakol.*

Blessed are You Adonai, who provides food for all.