

CULTURE & HISTORY

Ha Lachma Anya Tradition

Contributed by [Melissa Simon](#)

Source:

A blessing on your head...Mazel tov! Mazel tov! Our spin on the Moroccan Jewish tradition is to pass the remaining pieces of matzah around for everyone to both make and receive a blessing. Hold the matzah up over the person's head to your left and whisper a private blessing or wish for them. We will continue with our Seder while you each partake in this private moment. Wishes and blessings around themes of freedom are especially appropriate tonight but feel free to get creative.