

The Third Cup, Elijah's Cup & Miriam's Cup

Contributed by [MAZON: A Jewish Response to Hunger](#)

Source: Mazon: Hunger Seder

KOS SH'LISHI – THE THIRD CUP

LEADER: We drink the Third Cup to remember our promise

ALL: We will urge our elected officials and community leaders to support effective public policies and prioritize ending hunger.

We lift our glasses and read the blessing together (drink wine after the blessing):

Baruch ata Adonai Elohenu Melech ha'olam borei p'ri hagafen.

Blessed are You, Adonai our God, Ruler of the universe, who creates the fruit of the vine.

KOS ELIYAHU – THE CUP FOR ELIJAH

(Pass around Elijah's cup and have all participants fill the cup with some wine from their own cups.)

Elijah's cup sits on our table as a symbol of hope and the coming of the Messianic Age. It is a Passover tradition for each person to spill a little wine from his/her glass into Elijah's cup, which has been empty for the entire seder. Through such collaborative effort we will build strong communities and create the change we wish for in our world.

SONG: ELIYAHU HA'NAVI

Eliyahu hanavi.

Eliyahu hatishbi.

Eliyahu hagil'adi.

Bim'hera be'yamaynu yavoh eleinu,

im mashiach ben David.

May the Prophet Elijah come quickly in our day
and bring the time of the Messiah.

KOS MIRIAM – MIRIAM'S CUP

(Leader lifts Miriam's cup.)

Elijah's cup is one of a future promise. And yet there is still a long way to go until the day when all who are hungry will be able to come and eat. Jewish tradition teaches that Miriam the prophet is always with us, and her presence calls us to work for – not wait for – that day. Just as Miriam's well sustained the Israelites in the wilderness, so too we pray that we be nourished and sustained on our journey toward justice and an end to hunger.

(Leader takes a sip of water from Miriam's cup.)