

Hand Washing Ritual Before The Meal

Contributed by [MAZON: A Jewish Response to Hunger](#)

Source: Mazon: Hunger Seder

Once again we wash our hands, this time in anticipation of the festive meal. May this ritual act of hand washing, followed by a blessing, lead to other sacred acts of preparation and protest, advocacy and activism, so that all may find they have the nutritious food they need

(Either have volunteers walk around to each table with a pitcher of water and a basin or invite seder guests to wash their hands in some other way.)

We join together in the blessing:

*Baruch ata Adonai Elohenu Melech ha'olam asher kideshanu be'mitzvotav ve'tzivanu
al n'tilat yadayim.*

Blessed are You, Adonai our God, Ruler of the universe, who has made us holy with
God's commandments and commanded us to wash our hands.