

Miriam's Cup

Contributed by [Rachel Luxemburg](#)

Source: Compilation

In the years of wandering in the desert, Miriam's well accompanied the Israelites. According to tradition, Miriam's well is still with us. Every Saturday night, at the end of Shabbat, its waters flow out into wells everywhere in the world.

While the return of Elijah is left to the future and all its potential, Miriam is present with us always. She and her waters sustain us as we await Elijah. She is here to provide healing, inspiration, and wisdom.

There is still a long journey to freedom, a long time before Elijah will herald the Messianic age. Miriam calls us to work for – not to passively wait for – that day. She sustains us with the most basic substance on earth: water. She also lifts our hearts as she leads us in song and dance.

Elijah's cup remains untouched by us. But we now drink from Miriam's cup, the nurturing waters of Miriam's well.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַכֹּל נִהְיָה בְּדִבְרוֹ.

Barukh ata Adonai Eloheinu melekh ha'olam shehakol niyah bidvaro.

Praised are you, Eternal our God, Ruler of the Universe, by whose word all things are created.

ושאבתם מים בששון
ממעייני הישועה
מים, מים, מים מים
הוי מים בששון

Ushavtem mayim b'sason
mimainei hayeshua .
Ushavtem mayim b'sason
mimainei hayeshua

Chorus:

Mayim - Mayim - Mayim - Mayim
Hey, mayim b'sason
Mayim - Mayim - Mayim - Mayim
Hey, mayim b'sason

Hey, hey, hey, hey
Mayim - Mayim
Mayim - Mayim
Mayim - Mayim - b'sason

Mayim - Mayim
Mayim - Mayim
Mayim - Mayim - b'sason