

The Hillel Sandwich

Contributed by [Rachel Luxemburg](#)

Source: Compilation

While the English Earl of Sandwich is generally credited for inventing the sandwich, Hillel may actually have originated it two thousand years ago. It was Hillel's practice in the days of the Temple: he would combine the Passover lamb with unleavened bread and bitter herbs and eat them together, as is said: "They shall eat it with unleavened bread and bitter herbs."

All now place maror and charoset between two pieces of matzah, and recite:

We hold the matzah of freedom, the mortar of forced labor, and the bitter maror of bondage. We take into ourselves the joys and sorrows of the ages.

EAT THE HILLEL SANDWICH