

Bareich

Contributed by [Patilia Ayala](#)

Source: Jewish Boston

(*Pour the third glass of wine*) We now say grace after the meal, thanking G-d for the food we've eaten. On Passover, this becomes something like an extended toast to G-d, culminating with drinking our third glass of wine for the evening.

We praise G-d, Ruler of Everything, whose goodness sustains the world. You are the origin of love and compassion, the source of bread for all. Thanks to You, we need never lack for food; You provide food enough for everyone. We praise G-d, source of food for everyone.

As it says in the Torah: When you have eaten and are satisfied, give praise to your G-d who has given you this good Earth. We praise G-d for the Earth and for its sustenance.

Renew our spiritual center in our time. We praise G-d, who centers us.

May the source of peace grant peace to us, to the Jewish people, and the the entire world. Amen.