

Ha Lachma Anya

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Source: Dessen Passover Haggadah

Ha Lachma Anya

We are now ready to begin the story telling part of the Seder. We start by reciting Ha Lachma Anya, which reminds us of the importance of social responsibility and freedom.

We invite whoever is hungry to eat with us, And we invite whoever is in need to join in our celebration, And we view ourselves as still in bonds, And we hope that next year brings freedom to everyone.

Ha lachma anya dee achalu avhatana b'ara d'metzrayeem. Kol deechfeen yeitei v'yeichol, kol deetzreech yeitei v'yeefsach. Hashata hacha, l'shanah haba-ah b'ara d'yisra-el. Hashata avdei, l'shanah haba-ah b'nei choreen.

This is the bread of affliction, the poor bread our ancestors ate as slaves in Egypt. Let all who are hungry come and eat. Let all who are needy share the hope of this Passover celebration. This year we are here, next year may we be in the land of Israel. This year we are still in bonds, next year may we all be free.