

Quote on Brokenness

Contributed by [Robyn London](#)

Source:



We've all just named individually a place of *mitzrayim* — a place of constriction — in our own personal lives. We've named a place that we want to break, and, in breaking, create the open space for transformation.

This is scary work. It can be overwhelming, and it can make us feel alone. As we transition into the story of Exodus, we remind ourselves that we're here in community. We commit to our own individual healing not just for ourselves, but for each other; not just with ourselves, but with each other.

Through sharing our brokenness, we make community. Individual and collective liberation: these are not two separate processes. It is one journey.