

Revenge of Dinah: Nirtzah

Contributed by [JUF Chicago / DePaul - Research Training Internship](#)

Source: Revenge of Dinah: A Feminist Seder on Rape Culture in the Jewish Community

The fourth cup is the cup of praise and restoration. In the past few hours, we have reflected upon our actions and the actions of others. We have supported one another, and we have held space for one another. Now is the time to go back into the world, armed with new knowledge about the culture of sexual violence we all live in. We are all capable of making a difference in our lifetime, whether that means continuing on our path or starting anew. Either way, now is the time to be thankful for the chance that we all have been given to do good, and now is the time to act upon it.

Raise your glass as you recite this blessing, and then enjoy your fourth cup of juice.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגָּפֶן

Baruch Atah Adonai, Eloheinu Melech ha-olam, borei p'ree hagafen.

We praise God, Ruler of Everything, who creates the fruit of the vine