

#SecondSederPlate - Tomato

Contributed by [Jewish World Watch](#)

Source: Jewish World Watch



Why is a tomato on our Second Seder Plate?

The tomato reminds us that everyone needs food to survive, but displaced people often don't get sufficient rations. Creating a garden, however, is possible, even in an African refugee camp. No space? No water? No seeds or good soil? No problem. You can grow a lot with limited resources thanks to perma-gardening, a highly efficient farming system that allows refugees to grow nutritious crops year-round by using improved soil fertilization methods and wastewater.

FACT: More than 300,000 Darfuris currently live in refugee camps in eastern Chad, their home since fleeing the genocide that began in 2003. The food rations they receive are not enough to live on.

ACT: Through perma-gardening, Darfuri refugees can produce their own food and become more self-reliant. Donate to help Jewish World Watch provide a refugee family with the skills and tools to start a perma-garden.

DISCUSS: How can you create your own efficient garden?

Learn more about Jewish World Watch's perma-gardening efforts at www.org/perma-gardening