

The Exodus: Coming Out

Contributed by [Abby Stein](#)

Source: By Abby Stein

The Exodus: A Personal Coming Out, In Every Generation

"In our tradition leaving Egypt wasn't an historical event alone. In our tradition, it was a personal and existential leaving as well.

בְּכָל דּוֹר וָדוֹר חַיֵּב אָדָם לִרְאוֹת אֶת עַצְמוֹ\עַצְמָהּ כְּאִלוּ הוּא יֵצֵא מִמִּצְרַיִם"

(In every generation a person must regard themselves as though they personally had gone out of Egypt)

Whenever we leave a narrow place, a place of constriction, painful servitude, a place where we are not authentically who we are, that leap taking, that transitioning, is an exodus. A freedom walk.

Rabbi David Ingber, Romemu

The tradition teaches us, that not only is coming out something that is acceptable in our tradition, but it is something to admire, to strive for, and to some extent, we have an **obligation** in every generation to take that leap, and **Come Out!**

הַגְּלָה נָא וּפְרוֹס חֲבִיבִי עָלַי אֶת סִכַּת שְׁלוֹמְךָ

Please, be revealed and spread the covering, beloved, Upon me, the shelter of your tranquility.

Yedid Nefesh - ידיד נפש

As we start the evening, let's keep this in mind. **Let us understand that resistance in our tradition isn't merely acceptable, but an obligation.** It is something that we have learned through thousands of years, and resistance is what gave us the power to overcome relentless oppression.

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