

Lighting the Candles

Contributed by [Roger Krulak](#)

Source:



We rejoice in the warm light and rich blessings of this season. The celebration of Passover represents the perennial rebirth and survival of humanity and the world of nature. The light of these candles symbolizes a renewal of life and a reaffirmation of our freedom.

Let us appreciate the existence we share with all living things in this world, from the ground below to the sky above. Let us always try to enjoy the good that each year brings, and be thankful for each new day we have to experience the people we love and things we are able to do in our daily lives.

Passover holiday candles are lit no later than 18 minutes before sundown. After kindling the candles, she waves her hands over the flames three times (as if welcoming in the holiday), and, covering her eyes with her hands (so as to not see the candles burning), says the following blessing (if Passover occurs on Shabbat, insert "Shabbat v'shel" before "yom tov"):

Baruch atah Adonai eloheinu melekh ha-olam, asher kideshanu bemitzvotav ve-tsivanu lehadlik ner shel (shabbat v'shel) yom tov.

Blessed is the force of the universe that gave us purpose and allows us to light the candles of (Shabbat and) the holiday.

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