

Who is God?

Contributed by [danny bakan](#)

Source: Rabbi Michael Lerner

When we talk about God we are talking about the spiritual energy of the universe which makes it possible to transcend the tendency of human beings to pass on to others the hurt and pain that has been done to us, the force that permeates every ounce of Being and unites all in one transcendent and imminent reality. God is the Force in the universe that makes possible the transformation from “that which is” to “that which can and ought to be” or, as God is quoted as saying in Torah, ehyeh asher ehyeh, which Rabbi Lerner translates as “the possibility of possibility.” In short, we understand God in part as the ultimate Unity of All with All, of whom we are always a part, even if we are not always conscious of the part of God we are, the part of God that everyone and everything is.