

CULTURE & HISTORY

Shehechyanu

Contributed by [Talia Evans](#)

Source:

The Shehechyanu prayer is recited for all Jewish holidays and special moments, as a way of thanking G-d for helping us to reach this moment in time.

Baruch ata adonai, eloheinu melech haolam, shehechyanu v'kiymanu v'higiyanu lazman hazeh.

ברוך אתה יי אלוקינו מלך הולם שהחינו וקימנו והגיענו לזמן הזה

Blessed are You, Lord our God, Master of the universe, who has kept us in life and sustained us and enabled us to reach this season.

Blessed are You, Lord our God, Master of the universe, who has given us this opportunity to join together in acknowledging the pain of our ancestors' slavery, the joy of their freedom, and the oppression still present in our communities today.