

Maror

Contributed by [Progressive Jewish Alliance](#)

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MAROR: EATING THE BITTER HERBS

"You think your pain and your heartbreak are unprecedented in the history of the world, but then you read. It was books that taught me that the things that tormented me most were the very things that connected me with all the people who were alive, who had ever been alive."

- James Baldwin

As we eat the bitter herb, we acknowledge that no one people have a monopoly on pain and oppression. The only way to liberation is to educate ourselves about the struggles of the past - and to learn that our pain is ultimately inseparable from the oppression experienced by all peoples.

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And together we say:

Baruch atah adonai eloheinu melech ha'olam boreh pri ha'adamah.