

WELLNESS

Urchatz- Washing of the Hands

Contributed by [J'Burgh](#)

Source:

As we wash our hands for the first time this evening, we remember that we have the freedom to access resources that many do not. Ask yourself these questions: In what ways are we free today? What does freedom mean for Jews in America? For Jews around the world? What does freedom mean for people of all backgrounds around the world? Are there many who are not free?