

# Kharoset

Contributed by [Betny Townsend](#)

Source:

Why do we eat kharoset?

Dates, orange, cinnamon, and wine combine to make this sweet dish. Traditionally, it was the color of clay or mortar. It reminds us of the bricks and mortar that the Israelites are said to have made when they built the Pharaohs' palaces and cities. At the same time, the taste of Kharoset is sweet, and it reminds us of the sweetness of freedom.