

## First Cup

Contributed by [Joseph Slifka Center](#)

Source: Reading by JWC Women's Seder

### *Standing*

I'm standing on the shoulders of the ones who came before me

Recalling generations past, imagining those yet to be.

We weave our lives into our traditions.

We save what we value -- what it takes to survive.

We pass on the faith that lives in our deepest heart.

We weave our rituals with the threads of our lives.

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*Each cup of wine tonight will take us through the generations of women in our own families.*

We are all standing on the shoulders of our grandmothers or women who were like grandmothers to us. We dedicate this first cup of wine to them.

**In honor of the first cup:**

**What is one gift your grandmother gave you that you have here with you tonight?**

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**בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגָּפֶן**

Baruch Atah Adonai, Eloheinu Melech ha-olam, borei p'ree hagafen.

Blessed are You, Adonai our God, Sovereign of the universe, who creates the fruit of the vine.

**בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,**

**שְׁהַחֲיָנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לְזִמְנֵן הַזֶּה**

Baruch Atah Adonai, Eloheinu Melech ha-olam,  
she-hechiyanu v'key'manu v'higiyanu lazman hazeh.

Blessed are You, Adonai our God, Sovereign of the universe,  
who has kept us alive, raised us up, and brought us to this happy moment.

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*Drink the first glass of wine!*