

# Korech: Bittersweetness

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Source:

Eating a sandwich of matzah and bitter herb | *koreich* | כּוֹרֵיךְ

When the Temple stood in Jerusalem, one important ritual involved eating the lamb offered as the pesach or Passover sacrifice. Think of it as a holy BBQ for the Divine. The great sage Hillel would put the meat in a sandwich made of matzah, along with some of the bitter herbs. The Temple no longer stands, and we don't incorporate sacrifice into our Jewish practice anymore. But we honor this custom by eating a sandwich of the remaining matzah and bitter herbs. Feel free to include charoset in the sandwich - it's a reminder of the possibility for practicing kindness with one another even during difficult and bitter times.