

# Maror alone

Contributed by [Baumann Aizenstein Family](#)

Source: Lisa Baptiste & Laura Horowitz

Why do we eat maror?

Tradition says that this bitter herb is to remind us of the bitterness of our slavery.

We force ourselves to taste pain so that we may more readily value pleasure.

How big a piece of maror do I have to eat to fulfill my obligation?

And what if I've known enough pain this year already?

And what if I eat the whole root and my tongue catches on fire and my ears burn? Then will I know slavery?

*All take a taste of maror on a piece of matzah, then we'll say together:*

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו וצונו על אכילת מרור:

Baruch Atah Adonai, Eloheinu Melech ha-olam, asher kid'shanu b'mitzvotav v'tzivanu al achilat maror.

Blessed are you, Eternal our God, Ruler of the universe, who has sanctified us with your commandments, and commanded us to eat bitter herbs.