

Ha Lachma Anya

Contributed by [Jill Maller-Kesselman](#)

Source: Hunger by Ben Shahn

הָא לַחֲמַא עֲנִיא דִּי אֶכְלוּ אַבְהַתְנָא בְּאַרְעָא דְּמִצְרַיִם.
כָּל דְּכַפִּין יֵיתִי וְיִיכֹל, כָּל דְּצָרִיךְ יֵיתִי וְיִפְסַח. הַשְּׁתָא
הַכָּא, לְשָׁנָה הַבָּאָה בְּאַרְעָא דִּישְׂרָאֵל. הַשְּׁתָא עַבְדֵּי,
לְשָׁנָה הַבָּאָה בְּנֵי חוּרִין.

(Directions: Refill the wine cups, but don't drink yet!)

Transliteration:

Ha lach-ma anya, dee ach-a-lu, ah-va-hatana, b'arah d'meetz-ra-yeem.

Kol deech-feen yei-tei v'yei-chol, kol deetz-reech yei-tei v'yeef-sach.

Ha-shah-tah ha-cha, l'shah-nah habah-ah b'ara d'yisra-el. Ha-shah-ta avdei, l'shah-nah haba-ah b'nei choreen.

Leader:

The central imperative of the Seder is to tell the story of the Exodus. The Bible instructs, "You shall tell your child on that day, saying: " *This is because of what Adonai did for me when I came out of Egypt.*" (Exodus 13:8) We relate the story of our ancestors to regain the memories as our own. *Maggid* starts with Ha Lachma Anya when we invite anyone to come join us at our Seder.