

Counting the Omer

Contributed by [David Aston](#)

Source: David W. Aston

Counting the Omer

On the second night, the Omer is counted:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר .

הַיּוֹם יוֹם אֶחָד לְעֹמֶר

Baruch Atah Adonai Eloheinu Melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu al sfirat ha'omer.

Hayom yom echad la'omer.

Blessed are You, L-rd our G-d, King of the Universe, who sanctifies us with His commandments, and commanded us concerning the counting of the Omer.

Today is one day of the Omer.