

# Counting the Omer

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Source: David W. Aston

## Counting the Omer

On the second night, the Omer is counted:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל סְפִירַת הָעֹמֶר .

הַיּוֹם יוֹם אֶחָד לְעֹמֶר

*Baruch Atah Adonai Eloheinu Melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu al sfirat ha'omer.*

*Hayom yom echad la'omer.*

Blessed are You, L-rd our G-d, King of the Universe, who sanctifies us with His commandments, and commanded us concerning the counting of the Omer.

Today is one day of the Omer.