

IDENTITY

Hillel Sandwich

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Source: Catalyst Project

Eating a sandwich of matzah and bitter herb | *koreich* | כּוֹרֵיךְ

When the Temple stood in Jerusalem, the biggest ritual of them all was eating the lamb offered as the Passover sacrifice. The great sage Hillel would put the meat in a sandwich made of matzah, along with some of the bitter herbs. While we do not make sacrifices any more, we honor this custom by eating a sandwich of matzah, charoset, and bitter herbs.

It was Rabbi Hillel who began making koreich, so as to fulfill the words of the Torah "They shall eat it (the Pesach offering) with matzot and maror" (Numbers 9:11). Rabbi Hillel is also famous for his tzedek (justice) mindset, which led him to ask "If I am not for myself who is for me? And being for my own self, what am 'I'? And if not now, when?"

We each need to find action steps, ways to better translate our commitments into effective action. What are some of the ways folks feel they can most sustainably translate our anger, confusion, and fear into effective action?