

Bitter Herbs (Maror)

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Source:

(Participant) In creating a holiday about the joy of freedom, we turn the story of our bitter history into a sweet celebration. We recognize this by dipping our bitter herbs into the sweet charoset. We don't totally eradicate the taste of the bitter with the taste of the sweet, but we recognize that the sweet means more when layered over the bitter. We first eat only the maror with the charoset, and then we eat the maror and charoset together on the matzah. This symbolizes the journey from slavery to freedom.

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו וצונו על אכילת מרור:

Baruch Atah Adonai, Eloheinu Melech ha-olam, asher kid'shanu b'mitzvotav v'tzivanu al achilat maror.

Blessed art Thou, Eternal our God, Ruler of the Universe, who made us holy through obligations and commanded us to eat bitter herbs.