

Hard Boiled Eggs

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Source:

Hard Boiled Eggs: Most foods become softer, the longer that they are in hot water: eggs, like Jews, become tougher. This is also true about the parts of ourselves that we try to hide, that we think we are setting aside; they too become tougher the more we let them boil.

We dip this egg in salt water to be reminded that there are tears that must accompany births and new beginnings; there are tears that accompany death and letting go.