

Third Cup

Contributed by [Jonathan Brown Gilbert](#)

Source:

61. THE THIRD CUP

We drank the first cup to awareness – the first step to liberation. We drank the second cup to celebrate redemption from Egypt. We drink the third cup in gratitude for all of the gifts we have been given—the greatest gift –our ability to challenge, to question, to choose and therefore strive for freedom.

Drink the Third Cup of Wine –This the cup to commemorate reaching out, of doing of ACTION.

62. BLESSING:

We bless the spirit of the world, who creates the fruit of the vine.

Baruch ata ado-nye elo-heynu melech ha-olam, boreh pree ha-guffen.