

# Eating of the Bitter Herbs

Contributed by [San Diego Home Fellowship](#)

Source:



**Miguel:** The next step in our Seder is to eat some bitter herbs (maror) to remember the bitter afflictions of our people. Let us now take some matzah and dip it into the maror.

Barukh attah Adonai, Eloheinu melek ha'olam, asher kideshanu be'mitzvotav ve'tzivanu al achilat maror.

**Everyone:** Blessed are You, LORD our God, King of the universe, who has sanctified us by His commandments and commanded us to eat maror.

[Everyone eats the matzah with horseradish after the blessing is recited.]