

# Four Children Through the Lens of Food Justice

Contributed by [Ritualwell](#)

Source: Jessica Steinberg, [Ritualwell.org](#)

## The Generous Child

The generous child knows all about food justice and donates much of their monthly allowance to charity. This child encourages their parents to volunteer, brings the most cans in during school food drives, and never eats too much.

## The Spoiled Child

The spoiled child knows and understands food justice, but chooses not to care. This child is selfish, easily upset by not getting what they want, and is likely a picky eater. This child's catch phrases are "So what?!" and "That's not my problem."

## The Stoical Child

The stoical child may know something about food justice, may care, but does absolutely nothing to help. This is the kid who writes "bring in cans" every day during the fundraiser in their planner, but forgets each time.

## The Child Who Doesn't Know

The child who doesn't know is the kid who lives life happily and ignorantly with absolutely no clue that there are people who don't/can't do the same. This child may have an overprotective parent that shelters them from the challenges of life.

This clip originally appeared on [Ritualwell.org](#).