

The GLBT Seder Plate

Contributed by [JQ International](#)

Source: JQ International, Photo Courtesy of the Jewish Journal



The JQ GLBT seder plate includes some special symbolic items including:

- **An Orange** which carries the seeds of rebirth and represents the diversity of the Jewish community as we increase inclusion.
- **A Coconut** for the LGBT still in the closet and their struggle in coming out
- **Sour Vegetables** for the flavor of hatred and bigotry
- **Fruit Salad** for our collective potential and recognition
- **Flowers, Sticks and Stones** for the path all of us as LGBT and Allies are on as we move through life and play our role in the development of our culture and commemoration of our history.