

SECULAR / HUMANIST

Dipping Greens in Salt Water

Contributed by [Machar Congregation](#)

Source: Machar

SALT WATER - Why do we dip our food in salt water two times on this night? The first time, the salty taste reminds us of the tears we cried when we were slaves.

[Greens held up for all to see.]

KARPAS - Parsley and celery are symbols of all kinds of spring greenery. The second time, the salt water and the green can help us to remember the ocean and green plants and the Earth, from which we get the water and air and food that enable us to live.

Leader: N'varekh `et pri ha`Adamah.

Everyone:

Let us bless the fruit of the Earth.

[Please dip your parsley into salt water two times and eat it.]