

# Bitter and Sweet

Contributed by [K Cohen](#)

Source: Original

Dipping the bitter herb in sweet charoset | *maror* מרור

We recognize that even though we are so grateful for our journeys toward liberation, and that we experience so much joy through the process of freeing ourselves, there are also many parts of the journey that are difficult and unpleasant.

We acknowledge the mixture of pleasant and unpleasant experiences by mixing bitter and sweet flavors as we eat the maror with charoset.

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו וצונו על אכילת מרור

Baruch Atah Adonai, Eloheinu Melech ha-olam, asher kid'shanu b'mitzvotav v'tzivanu al achilat maror.