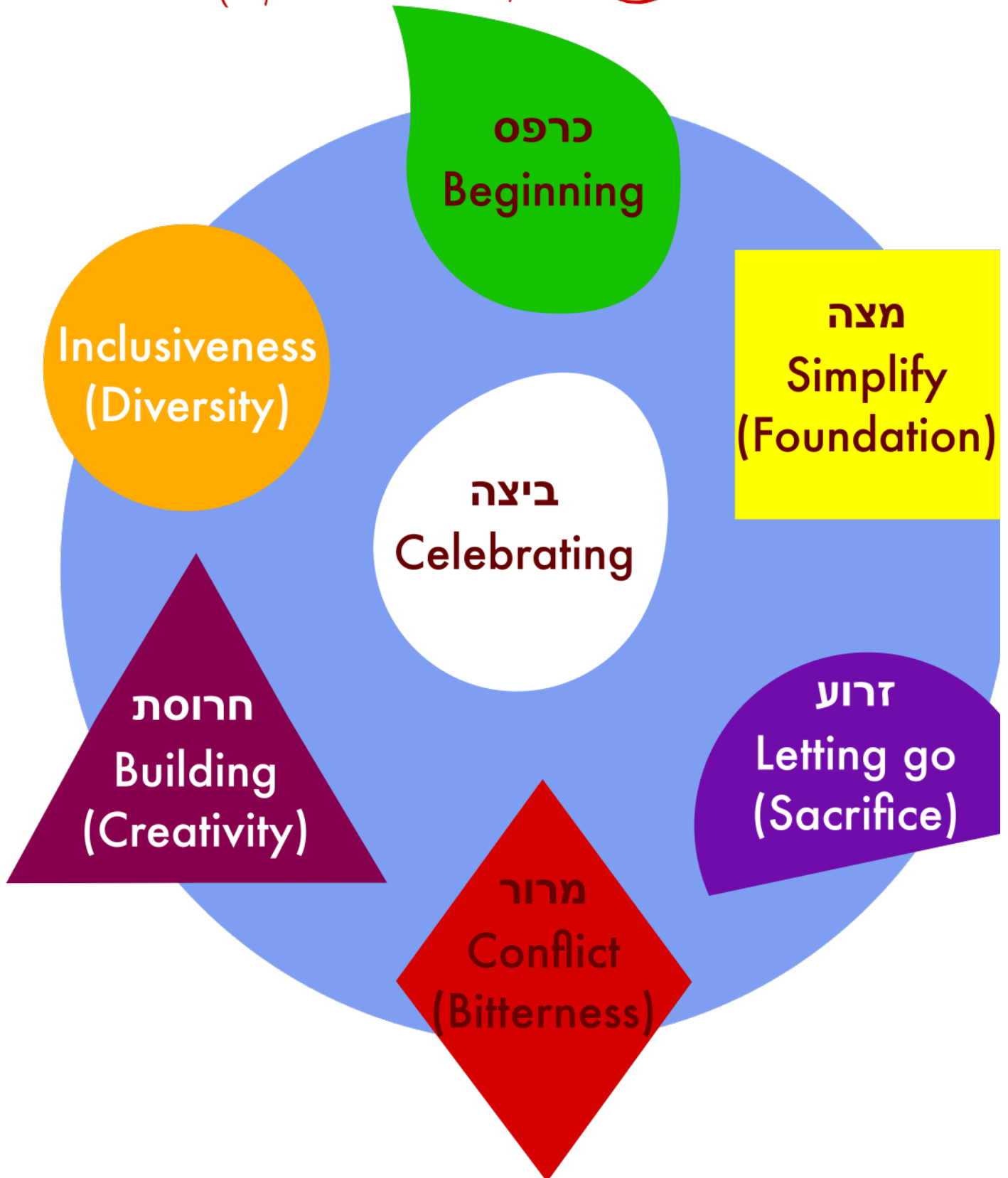


# "Gabriola" Seder Plate

Contributed by [Baruch Sienna](#)

Source: Image

# Gabriola Seder



At a friend's seder, I looked at the Seder plate and re-imagined the symbols as abstract concepts. This distillation made me recognize that, in order, they provide a template for the process of liberation. I created this "infographic" design to communicate the stages of any creative problem solving algorithm:

Beginning

Simplifying

Letting Go

Conflict

Building

Diversity

Celebrating

Each symbol can be the springboard (pun intended) of personal reflection:

Karpas: what are you going to do new? How are you going to grow?

Matzah: how can you simplify your life?

Maror: what is the biggest conflict/source of bitterness?

Zro'a: what sacrifice are you prepared to make?

Charoset: what is your biggest source of sweetness?

Orange: how can you be more inclusive?

Beitzah: what are you celebrating this year?