

First Cup of Wine

Contributed by [Clare Kinberg](#)

Source: original

In the Pesach story, freedom is discussed in many different ways. We stop to think about this four different times in the seder with a cup of wine.

We dedicate this first cup of wine to Spring, openness to learning and change, to new beginnings

(The wine is poured as these blessings are said by everyone):

Nvarech et ruach ha'olam boray pri hagafen.

Let us bless the source of life that nurtures fruit on the vine

as we weave the branches of our lives into the tradition

and tradition into the branches of our lives.

(Everyone drinks the first cup of wine or juice)