

TRADITIONAL

Motzi-Matzah

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Source: Phil Neuman + Others

Time to eat matzah. As each of you breaks off four pieces of matzah for your plate, ponder this:

Matzah is literally free of all additives, externalities and superficial good looks – it is bread without the hot air. It represents the bare essentials.

Everything we pursue in life can be divided into necessities and luxuries. To the extent that a luxury becomes a necessity we lose an element of our freedom by being enslaved to a false need.

On Passover we can focus on the essence and leave the externalities behind.

Now, take one of the pieces of matzah and say:

Baruch ata Adonai Elohinu melech ha'olam hamotzi lechem min ha'aretz.

Which means:

We bless you, Lord our God, God of the world, who brings forth bread from the land.

And add:

Baruch ata Adonai Eloheinu melech ha'olam asher kidshanu b'mitzvotav v'ztivanu al achilat matzah.

Which means:

We bless you, Lord our God, God of the world, who has sanctified us with commandments and commanded us concerning the eating of matzah.

Eat the piece of matzah.