

SECULAR / HUMANIST

The Seder meal

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Source: Original

Leader: We are now ready to eat the seder meal! In some Jewish traditions, we begin by eating eggs and salt water. The egg on the seder plate, Beitzah, has many meanings. It is a symbol of Spring and rebirth. It is also historically a symbol of mourning, and represents the fall of the great Temple in Jerusalem. There are also some who say it represents the Jewish people, for the more it is boiled, the harder it gets.

Leader: There are some who say that the salt represents tears once again, and others who claim it is in memory of the crossing of the Red Sea.