

## CHILDREN

# Maror

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Source: SainiTemple.org



Maror comes from the hebrew word for bitter. The maror symbolizes the bitterness of slavery in Egypt. Only certain vegetables are to be used to make maror such as horseradish and romaine lettuce (the most common vegetables used because they are bitter). The blessing for the maror is:

**בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל אֲכִילַת מָרוֹר**

Praised are you, Adonai our God, Ruler of the universe, who makes us holy through Your commandments, and commands us to eat Maror.

Ba-ruch a-tah A-do-nai, E-lo-hey-nu Me-lech ha-o-lam, A-she-ki-d'-sha-nu b'-mitz-vo-tav, v'-tzi-va-nu Al a-chilat ma-ror.

Some traditions include putting the maror on lettuce and making a sandwich or dipping the maror in charoset.

Discussion Question:

Why do we have a seder for Passover?